Calaveras Health and Human Services Agency



Sam Leach, Interim Director Dr. Paul Beatty, Interim Health Officer 509 East St. Charles Street San Andreas, CA 95249

Press Release

FOR IMMEDIATE RELEASE

Date: January 4, 2021

Contact: Calaveras Health and Human Services Agency

Public Health Division

Phone: (209) 754-6460

Calaveras Public Health Offering Free COVID-19 Testing in San Andreas and Copperopolis

On Monday, January 4, 2021, Calaveras Public Health announced that it will be offering no-cost COVID-19 testing in San Andreas and Copperopolis. Testing location, days and times vary.

SAN ANDREAS - January 6, 2021 San Andreas Library 1299 Gold Hunter Road 9:00AM - 2:00PM

COPPEROPOLIS - January 7, 2021 The Armory 695 Main Street 9:30AM - 1:30P



No appointment is needed. Register ahead and show up anytime during testing hours. People can register using a QR code or by visiting https://bit.ly/3h1pTMT. Masks covering your nose and mouth are required. Other dates and locations will be announced.

The test is a self-administered nasal swab. It only goes into the nostril a little bit to gather a sample. Results typically take 1-3 days, though the actual time may vary. You will receive your results online. A text and email notification will be sent when results are ready.

To help stop the spread of COVID-19, people should take these steps while waiting for test results:

- Stay home and away from others
- Monitor your health for symptoms of COVID-19

Calaveras Health and Human Services Agency



Sam Leach, Interim Director Dr. Paul Beatty, Interim Health Officer 509 East St. Charles Street San Andreas, CA 95249

- Think about the people you have recently been around. This will be important information to give health workers if your test is positive.
- Answer the phone call from Calaveras Public Health or call 754-6460 if your test is positive.

Testing for COVID-19 is advised, especially:

- People who have symptoms of COVID-19
- People who have had close contact with someone that is confirmed to have COVID-19
- People who have been asked or referred to get tested by their healthcare provider

No-cost testing will continue to be available at the OptumServe COVID-19 testing site in Sonora. The site is located at the Mother Lode Fairgrounds, Blake Elliot Building (Creekside), 220 Southgate Drive, Sonora, CA 95370. The OptumServe site is open 7 days a week. If you would like to be tested for COVID-19 please register at www.lhi.care/covidtesting or call (888) 634-1123. Additional COVID-19 test sites can be found on the Calaveras County COVID-19 website.

Protect yourself and others from COVID-19. The virus is spreading in the community. Stay safe by taking some simple precautions. The best ways to avoid exposure to COVID-19 are to:

- Wear a mask that covers your nose and mouth in public places and anywhere you will be around people who do not live with you, including close friends and family.
- Wash your hands often. Use soap and water for at least 20 seconds or use hand sanitizer. Avoid touching your eyes, nose, and mouth.
- Stay at least 6 feet away from other people.
- Stay home if you are sick.
- Avoid crowds

Symptoms can appear 2-14 days after exposure to the virus. The symptoms of COVID-19 include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches

- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Calaveras Health and Human Services Agency



Sam Leach, Interim Director Dr. Paul Beatty, Interim Health Officer 509 East St. Charles Street San Andreas, CA 95249

A person who has tested positive with COVID-19 may not have all or any of these symptoms. A person who has tested positive but does not have any symptoms is considered asymptomatic and can still pass on the virus to others while they are infectious.

Look for emergency warning signs for COVID-19. If someone is showing signs, seek emergency care immediately:

- Trouble breathing
- New confusion or weakness
- Bluish lips or face

- · Persistent pain or pressure in the chest
- Inability to wake or stay awake

To receive information and resources related to COVID-19 visit the <u>Calaveras County</u> <u>COVID-19 website</u>.